

Sermon: How to Overcome Temptation

Text: [1 Corinthians 10:1-13 ESV](#)

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Introduction: A biblical principle everyone must learn is: God does not tempt us. He tests us - not to ruin us, not to damn us, not to have us lose our salvation - but to make us a stronger witness for Him. God wants what is best for His children and family. Satan wants what will separate us from God eternally. God tests for good reasons; the Devil tempts for evil and destructive ones.

I. God Is on Our _____ (we are not alone).

A. Jesus will be with us _____.

B. Jesus understands _____.

II. God Provides _____ (a way through).

A. God's _____

B. God's _____

III. God Provides an _____ (a way out).

A. A _____ or _____ in Christ

B. God's _____

Conclusion: It is very clear from Scripture that temptation/testing cannot be avoided. Temptation is a reality for everyone because we are free to choose. Temptation is not sin. Jesus was tempted, but never sinned. It is also clear that God will help us through the darkest times and we are never alone unless we choose to be.

[1 Corinthians 10:1-13 ESV](#)

Warning Against Idolatry

1 For I do not want you to be unaware, brothers,^[a] that our fathers were all under the cloud, and all passed through the sea, **2** and all were baptized into Moses in the cloud and in the sea, **3** and all ate the same spiritual food, **4** and all drank the same spiritual drink. For they drank from the spiritual Rock that followed them, and the Rock was Christ. **5** Nevertheless, with most of them God was not pleased, for they were overthrown^[b] in the wilderness.

6 Now these things took place as examples for us, that we might not desire evil as they did. **7** Do not be idolaters as some of them were; as it is written, "The people sat down to eat and drink and rose up to play." **8** We must not indulge in sexual immorality as some of them did, and twenty-three thousand fell in a single day. **9** We must not put Christ^[c] to the test, as some of them did and were destroyed by serpents, **10** nor grumble, as some of them did and were destroyed by the Destroyer. **11** Now these things happened to them as an example, but they were written down for our instruction, on whom the end of the ages has come. **12** Therefore let anyone who thinks that he stands take heed lest he fall. **13** No temptation has overtaken you that is not common to man. God is faithful, and he will not let you be tempted beyond your ability, but with the temptation he will also provide the way of escape, that you may be able to endure it.

Footnotes:

[a] [1 Corinthians 10:1](#) Or brothers and sisters

[b] [1 Corinthians 10:5](#) Or were laid low

[c] [1 Corinthians 10:9](#) Some manuscripts the Lord